

Curriculum Vitae

Joy McGuire

Qualifications

- 2005 – Post Graduate Diploma in Advanced Cognitive Therapy Studies, OCTC/University of Oxford
- 1997 - Post Graduate Diploma in Cognitive Behaviour Therapy, OCTC/University of Oxford.
- 1995 - Diploma in Behavioural Psychotherapy, (ENB 650), Institute of Psychiatry, London.
- 1991 – Diploma in Nursing Care of the Mentally Ill in the Community, (ENB 811) University of Reading.
- 1987 - Registered Mental Nurse Training, Aylesbury Vale School of Nursing, Buckinghamshire
- 1984 - Enrolled Nurse (MH) Training, Forth Valley School of Nursing, Stirlingshire, Scotland

BABCP accreditation

Accredited with the British Association for Behavioural & Cognitive Psychotherapy as a CBT therapist since 1998

Training experience

I have been involved in various forms of training & education for over 15 years. Summary of some key roles:

OCTC

- Since starting with OCTC in 2008 I have planned & provided CBT training and supervision for many audiences in the UK and abroad, at all levels from beginners to advanced.
- I have had a joint lead role for planning and co-ordinating OCTC's programme of training on the Post Graduate Diploma in Cognitive Therapy for Anxiety and Depression (IAPT) training course at Anglia Ruskin University.

New Forest Medical Undergraduate Education Centre

Before joining OCTC I was Cognitive Therapy Training Facilitator for Hampshire Partnership NHS Trust, which included:

- Planning and implementing training in CBT for medical students from the University of Southampton during their psychiatric attachment in the New Forest locality.
- Management and co-ordination of the New Forest Education Centre.
- Training and supervision of staff from a variety of professional groups across the locality.

Institute of Psychiatry, London

- Whilst I was employed as part of a research team at the Institute (see below), I also taught on the ENB 650 Cognitive Behavioural Psychotherapy Degree course, facilitated a

tutorial group for students of the ENB 650, and presented at conferences hosted by the department.

Aylesbury Vale Healthcare, Buckinghamshire

Whilst I was a Clinical Nurse Specialist in CBT, I had teaching involvement:

- I participated in curriculum planning and teaching on the CBT module run by University of Luton.
- In my capacity as Lead Nurse for Adult Mental Health, I introduced and co-ordinated regular multi-disciplinary training events across adult mental health for community and in patient staff.
- I was seconded for 6 months to the Practice Development and Training section of the Sainsbury Centre for Mental Health. During this time I contributed to the training on their Post Graduate Diploma in “Effective Community Care for People with Mental Health Problems”. I also contributed to the development of courses for their national training programme for mental health workers.

Research experience

Between 2000 and 2002 I was a research therapist working with Professors Paul Salkovskis, David Clark and Anke Ehlers at the Psychology Department, Institute of Psychiatry, London.

- Participated in two Wellcome-funded research trials examining effective treatments for Obsessive Compulsive Disorder and Health Anxiety.
- Co-authored a book chapter (see below)

Additional leadership experience

Between 2002 and 2006 I was Senior Cognitive Behavioural Psychotherapist & Team Leader for Isle of Wight Adult Psychological Therapies Service

- I led a multi-disciplinary psychological therapy service including psychology, clinical nurse therapy, counselling and analytical psychotherapy
- As well as providing CBT to patients, this post involved managing and leading the psychological therapy service within the trust. A significant proportion of my work involved providing clinical supervision, practice development and teaching for colleagues in the trust.

Publication

Salkovskis & **McGuire** (2003). Cognitive behavioural theory of obsessive compulsive disorder. In Menzies, R. & De Silva, P. (eds.) *Obsessive Compulsive Disorder: Theory, Research and Treatment*. Wiley Press